

We claim:

1. A pet food with anti-aging properties, the food comprising

a) an effective amount of a suitable antioxidant;

b) an effective amount of a carnitine;

c) carbohydrate;

d) protein;

e) fat; and

e) fiber.

2. The pet food of claim 1 wherein the carnitine is ALC and the effective amount is about 0.1 grams to 3 grams.

3. The pet food of claim 1 in which the antioxidant is R- α -lipoic acid in the amount of 0.1 grams to 1.5 grams.

4. The pet food of claim 1, further comprising coenzyme Q in the amount of at least about 1 mg/day.

5. The pet food of claim 1, further comprising creatine in the amount of at least about 0.2 grams/day.

6. A pet treat with anti-aging properties, the treat comprising

a) an effective amount of a suitable antioxidant;

b) an effective amount of a carnitine;

c) at least one energy source; and

d) flavors.

7. The pet treat of claim 6 wherein the carnitine is ALC and the effective amount is about 0.1 grams to 3 grams.

8. The pet treat of claim 6 in which the antioxidant is R- α -lipoic acid in the amount of about 0.1 grams to 1.5 grams.

9. The pet treat of claim 6, further comprising coenzyme Q in the amount of at least about 1 mg/day.

10. The pet treat of claim 6, further comprising creatine in the amount of at least about 0.2 grams/day.

11. A pet supplement with anti-aging properties, the supplement comprising

- a) an effective amount of a suitable antioxidant; and
- b) an effective amount of a carnitine.

12. The supplement of claim 11 wherein the carnitine is ALC and the effective amount is about 0.1 grams to 3 grams.

5 13. The supplement of claim 11 in which the antioxidant is R- α -lipoic acid in the amount of 0.1 grams to 1.5 grams.

14. The supplement of claim 11, further comprising coenzyme Q in the amount of at least about 1 mg/day.

10 15. The supplement of claim 11, further comprising creatine in the amount of at least about 0.2 grams/day.